

Let's swing into National Skin Cancer Action Week

We care about your health and well-being, which is why we wanted to take a minute to highlight an important week: National Skin Cancer Action Week.

Each year, Cancer Council Australia partners with the Australasian College of Dermatologists to encourage all Australians to be SunSmart and reduce their risk of developing skin cancer. This year, National Skin Cancer Action Week runs from 19-25 November.

Skin cancer is our national cancer, and new research shows that golfers are about 2.5 times more likely to get skin cancer than the average Aussie. On top of that, males are also more likely to get skin cancer than women. This means that the danger is even higher for male golfers, who make up a large portion of the game. While we love spending time on the greens, it is now more important than ever to protect our skin from the sun. As the week progresses, look out for our additional resources on sun safe practices displayed around the club.

We urge all of you to take advantage of our complimentary sunscreen on the 1st and 10th tees and continue to be sun safe while giving it your best shot on the course. This week let's take that extra step to Improve your long game!

For more information and resources on skin cancer prevention, visit www.cancercouncil.com.au/sun-protection