

## Question checklist for melanoma

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Asking your doctor questions will help you make an informed choice. You may want to include some of the questions below in your own list.

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### Diagnosis

- What type of melanoma do I have? How thick is it?
  - Has the melanoma spread? Did the biopsy remove all of the melanoma?
  - Can you explain the results of the tests to me?
  - Are there clinical guidelines for this type of melanoma?
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### Treatment

- What treatment do you recommend? What is the aim of the treatment?
  - Are the latest tests and treatments for melanoma that are available in this hospital?
  - How long will treatment take? Will I have to stay in hospital?
  - How much will treatment cost? Can the cost be reduced if I can't afford it?
  - How will I know if the treatment is working?
  - Are there any clinical trials or research studies I could join?
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### Side effects

- What are the risks and possible side effects of each treatment? How can these be managed?
  - Will I have a lot of pain? If I do, what will be done about this?
  - Will there be any scarring after the melanoma is removed?
  - What are the chances I will get lymphoedema after treatment?
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### After treatment

- How often will I need to get my skin checked after treatment? Who should I go to for my skin checks?
  - How can I protect myself from the sun and get enough vitamin D?
  - If the melanoma returns, how will I know? What treatments could I have?
  - Are there any local support groups for people with melanoma?
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### My questions

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