

## Question checklist for bowel cancer

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Asking your doctor questions will help you make an informed choice. You may want to include some of the questions below in your own list.

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### Diagnosis

- What type of bowel cancer do I have?
  - Has the cancer spread? If so, where has it spread? How fast is it growing?
  - Are the latest tests and treatments for this cancer available in this hospital?
  - Will a multidisciplinary team be involved in my care?
  - Are there clinical guidelines for this type of cancer?
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### Treatment

- What treatment do you recommend? What is the aim of the treatment?
  - Are there other treatment choices for me? If not, why not?
  - Will I need a stoma? If so, will it be temporary or permanent?
  - Will you refer me to a stomal therapy nurse?
  - If I don't have the treatment, what should I expect?
  - I'm thinking of getting a second opinion. Can you recommend anyone?
  - How long will treatment take? Will I have to stay in hospital?
  - Are there any out-of-pocket expenses not covered by Medicare or my private health cover?  
Can the cost be reduced if I can't afford it?
  - How will we know if the treatment is working?
  - Are there any clinical trials or research studies I could join?
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### Side effects

- What are the risks and possible side effects of each treatment?
  - Will I have a lot of pain? What will be done about this?
  - Can I work, drive and do my regular activities while having treatment?
  - Will the treatment affect my sex life and fertility?
  - Should I change my diet or physical activity during or after treatment?
  - Are there any complementary therapies that might help me?
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### After treatment

- How often will I need check-ups after treatment?
  - If the cancer returns, how will I know? What treatments could I have?
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### My questions

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