

Affected by cancer?

A cancer diagnosis can be stressful, and you may face emotional, physical and practical challenges. Discover how Cancer Council can support you and your family and friends, now and in the future.



Talk with health professionals

We can answer your questions about any aspect of cancer, and link you to a range of support services in your area. Call 13 11 20 Monday to Friday, 9 am–5 pm.



Find trustworthy information

We provide a wide range of easy-to-understand, evidence-based resources about all aspects of cancer. Get practical tips and learn about different types of cancer, cancer treatments, emotional and practical issues, and recovery.

You can pick up our free booklets at your treatment centre, or call us and we'll post them to you.



Sort out legal and financial issues

If you need legal or financial advice, we can refer you to qualified professionals. These services are free if you can't afford to pay. Some financial assistance may also be available.

Visit our website to find all our information online. You can also listen to our podcasts about coping with cancer and watch our webinars about adjusting to life after treatment.



Connect with others

You may find it helpful and reassuring to talk to other people affected by cancer. We can connect you with someone who has been through a similar experience, or with a professional counsellor. You can also join a telephone or face-to-face support group, and you can visit our Online Community at any time of day or night.



Get help with practical matters

We can link you to transport, accommodation and home help services.

**Find out more about how we can help you.
Call 13 11 20 or visit cancercouncil.com.au**



SCAN ME

