

Question checklist for chemotherapy

Asking your doctor questions will help you make an informed choice. You may want to include some of the questions below in your own list.

Treatment

- Why do I need chemotherapy?
- What are the advantages and disadvantages of chemotherapy for me?
- How successful is chemotherapy for the type of cancer I have?
- What is the goal of this chemotherapy?
- Are there any other treatments I can have instead?
- Will I have other treatments as well as chemotherapy?
- How much does treatment cost?
- What drugs will I be receiving? How will they be given?
- How often will I receive chemotherapy and for how long?
- How will you decide the dosage?
- Are there clinical guidelines you are following?
- How will I know if the treatment is working?
- Where will I have treatment? Can I have it close to where I live or at home?
- Do my family and friends need to follow any safety measures?
- Can I take my usual medicines during chemotherapy?

Side effects

- What are the risks and possible side effects of this type of chemotherapy?
- Will the side effects be long term or short term?
- What can I do to help manage any side effects?
- Will chemotherapy affect my sex life and fertility?
- Are there any complementary therapies that might help me?
- Should I change my diet or physical activity during or after treatment?
- Who should I contact for information or if I have a problem during treatment?
Who is my after-hours contact?

After treatment

- How often will I need check-ups after treatment?
- Am I at risk of developing late effects from chemotherapy? What might these be?
What can I do to prevent this?

My questions
