

## Question checklist for non-Hodgkin lymphoma

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Asking your doctor questions will help you make an informed choice. You may want to include some of the questions below in your own list.

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### Diagnosis

- What type of non-Hodgkin lymphoma do I have?
  - What stage is my lymphoma? How far has the cancer spread? How fast is it growing?
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### Treatment

- What treatment do you recommend and why?
  - Are there other treatment choices for me? If not, why not?
  - If I don't have the treatment, what should I expect?
  - I'm thinking of getting a second opinion. Can you recommend anyone?
  - How long will treatment take? Will I have to stay in hospital?
  - Are there any out-of-pocket expenses not covered by Medicare or my private health cover?  
Can the costs be reduced if I can't afford it?
  - How will I know the treatment is working?
  - Will the treatment cause any pain? How will it be managed?
  - Are there any clinical trials or research studies I could join?
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### Side effects

- What are the risks and possible side effects of each treatment?
  - Will the treatment affect my sex life or fertility?
  - Are the latest tests and treatments for non-Hodgkin lymphoma available in this hospital?
  - Should I change my diet or physical activity during or after treatment?
  - Are there any complementary therapies that might help me?
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### After treatment

- Who should I go to for my follow-up appointments?
  - How often will I need check-ups after treatment?
  - If the non-Hodgkin lymphoma returns, how will I know? What treatments could I have?
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### My questions

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