

# Question checklist for stomach cancer

Asking your doctor questions will help you make an informed choice. You may want to include some of the questions below in your own list.

## **Diagnosis**

- What type of cancer do I have?
- Has the cancer spread? If so, where has it spread? How fast is it growing?
- Are the latest tests and treatments for this cancer available in this hospital?
- Will a multidisciplinary team be involved in my care?
- Are there clinical guidelines for this type of cancer?

#### **Treatment**

- What treatment do you recommend? What is the aim of the treatment?
- Are there other treatment choices for me? If not, why not?
- If I don't have the treatment, what should I expect?
- How long do I have to make a decision?
- I'm thinking of getting a second opinion. Can you recommend anyone?
- How long will treatment take? Will I have to stay in hospital?
- Are there any out-of-pocket expenses not covered by Medicare or my private health cover?
  Can the cost be reduced if I can't afford it?
- How will I know if the treatment is working?
- Are there any clinical trials or research studies I could join?

### Side effects

- What are the risks and possible side effects of each treatment?
- Will I have a lot of pain? What will be done about this?
- Can I work, drive and do my normal activities while having treatment?
- Will the treatment affect my sex life and fertility?
- How will the treatment affect the way I eat and digest food?
- Should I change my diet or physical activity during or after treatment?
- Are there any complementary therapies that might help me?

## After treatment

- How often will I need check-ups after treatment? Who should I see?
- If the cancer returns, how will I know? What treatments could I have?

My question	ns			