

How you can help us

A guide for managers and human resource professionals

Cancer Council NSW is a community-funded, community-focused charity dedicated to beating cancer. We rely on the funds raised by the community and the generosity of thousands of volunteers to help us in our work, which encompasses all types of cancer. As well as undertaking and funding cancer research, we provide support to people affected by cancer and deliver programs to help people reduce their cancer risk.

There are many simple ways that your workplace can help us in our mission to defeat cancer.

Make a financial gift to Cancer Council

An opportunity for organisations to have a significant, lasting impact on our vision of defeating cancer. We are happy to discuss funding options and ensure that major gifts are allocated according to our supporters' wishes. Gifts are fully tax-deductible and may be pledged over several years.

Make it easy for your employees to donate to Cancer Council

Workplace Giving enables your employees to give directly to Cancer Council from their pre-tax pay. It is one of the simplest, most tax-efficient and cost-effective ways to donate. Some organisations also choose to match the funds donated by employees, or give staff an additional incentive to get involved. Donations are automatically deducted and there is no need to collect, keep or claim receipts.

Sponsor a Cancer Council program or event

Sponsor a Cancer Council event or program to help us deliver our services. These include support services for people affected by cancer, printed and online resources, healthy lifestyle and cancer prevention programs, and cancer research.

Join our corporate volunteering program

We have a range of opportunities for people to contribute their time and skills to Cancer Council in a purposeful, meaningful and rewarding way. You may like to have staff volunteer in our offices or at a fundraising event (see below). Another popular option is for your employees to offer their expertise in particular business areas for short-term projects or ongoing pro-bono work.

Fundraising events you can get involved in at work

Attend the POSH Gala Ball | Marchposhauction.com.au

Cancer Council's gala ball and auction is a fabulous evening and a unique way to entertain clients or reward key staff. Take a corporate table, or donate an item or experience for the auction.

Australia's Biggest Morning Tea | Maybiggestmorningtea.com.au

Every May more than a million Australians get together for a cuppa for cancer. Morning teas are easy to organise and a fantastic way to catch up with colleagues. Staff can make a donation on the day and raffles, auctions and competitions can add to the fun and boost the income.

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Participate in Daffodil Day | August daffodilday.com.au

To Cancer Council, the daffodil represents hope for a cancer-free future. Your company can share in the spirit of Daffodil Day by ordering merchandise to sell to your customers, clients and staff. Or your staff may like to register to volunteer at a Cancer Council Daffodil Day stall near your workplace. It's a busy, fun day and a great team-building opportunity.

Host a Girls' Night In | October girlsnightin.com.au

Money raised from Cancer Council's Girls' Night In goes to fund research, prevention and support for Australian women affected by gynaecological or breast cancers. Register your business to host a team-building Girls' Night In. Invite team members, customers, suppliers, or the general public. Make an even bigger splash – offer a dollar-for-dollar matched donation for money raised within your organisation.

Organise your own fundraising activity doitforcancer.com.au

Got your own brilliant fundraising idea? Why not organise your own fundraising activity and direct funds back to Cancer Council? You can tailor an event to fit your corporate culture and values. Examples include fun runs, cooking competitions and trivia nights.

Further information

For further information and to get involved, please contact partnerships@nswcc.org.au or call **02 9334 1635**.

Enter a staff team in a team event

Entering a team event is an inspiring way for colleagues to recognise a staff member lost to cancer or someone fighting the disease. Many businesses dollar-match the amounts raised by employees or provide in-kind support.

- **Relay For Life (all year round)** is a fun, outdoor, overnight fundraising event that brings communities together to celebrate cancer survivors, to remember loved ones lost and to fight back against cancer. Register a team, fundraise and take turns to walk or run with us at this inspirational event. Events happen all over Australia, and all year round.
relayforlife.org.au
- **The March Charge (March)** challenges runners, walkers, swimmers and cyclists to go further than they have before and at the same time raise money to obliterate cancer once and for all.
themarchcharge.com.au
- **City Mile Dash (June)** is a fun and challenging lunchtime corporate speed race. Challenge your workmates and other competitors one lunchtime around a 1.6 km course at Barangaroo Reserve.
citymiledash.com.au
- **Seven Bridges Walk (October)** is a picturesque 27 km walk around Sydney Harbour, crossing seven iconic bridges.
7bridgeswalk.com.au
- **Race for Team Cancer Council** in any of the following race and challenge events: City2Surf, Sydney Running Festival or Sydney Harbour 10k.



For information and support on cancer-related issues, call Cancer Council **13 11 20**. This is a confidential service.

You can also ask for free copies of our booklets or download digital copies from Cancer Council NSW's website at cancercouncil.com.au.