



Cancer Counselling Program

A diagnosis of cancer can be a stressful time for patients, their family and friends. It can be difficult to deal with feelings of uncertainty, stress or anger about the changes cancer may bring. Many people get support by talking to close family or friends. However, it can sometimes help to talk to someone outside of your immediate circle who has been trained to listen and help you explore your feelings.

Who can help?

Cancer Counselling Professionals NSW is an association of private counsellors who have extensive experience working with cancer patients, their family and friends. They can help you to find ways to deal with the challenges ahead.

How does it work?

- The program offers up to six sessions of counselling with an accredited Cancer Counselling Professional.
- Counselling can be in person or over the phone.

How much does it cost?

The cost of each session is \$100.

We understand that many people experience financial pressures at this time. Please speak to us if you have any concerns – you may be eligible for a further financial subsidy.

Who can apply?

Anyone impacted by cancer, including family, friends and carers.

How do I apply?

Call Cancer Council Helpline **13 11 20**

Where can I get reliable information?

Cancer Counselling Program

Easing the emotional burden of cancer

Cancer Council Helpline **13 11 20**

www.cancercouncil.com.au

Translating and Interpreting Service (TIS) **13 14 50**