

Can you spot skin cancer?

Two out of three
Australians develop some
form of skin cancer
in their lifetime.

Get to know your
own skin!



Don't Delay.

Talk to your GP as soon as possible about ANY spot, freckle or mole that changes in size, shape or colour.*



Danger Signs



Melanoma

Uneven colour, irregular shape, irregular outline.



Squamous Cell Carcinoma

Thickened red scaly spot. May ulcerate and bleed.



Nodular Melanoma

Round black, brown, pink or red lump. Feels firm and may bleed.



Basal Cell Carcinoma

Red or pearly coloured dry, flat area or lump. May ulcerate and fail to heal.



Warning Signs



Dysplastic Naevi

Often larger moles with uneven brown (sometimes pink) colour.



Solar Keratoses or Sunspots

Red flat scaly dry skin, usually on hands or face.



Harmless Spots



Freckles

Small, flat, single coloured spots



Moles

Flat or slightly raised oval or round lesions. Usually one shade of brown.



Seborrheic Keratoses

Common 'age spots' with a discrete edge and rough surface. Even colour – from skin tone to brown or black.



When UV levels are 3 or above:

- Slip on protective clothing
- Slop on SPF30+ sunscreen
- Slap on a broad-brimmed hat
- Seek shade
- Slide on some sunglasses
- Check the SunSmart UV Alert daily on cancerCouncil.com.au/sunsmart



Cancer Council
Helpline 13 11 20
cancerCouncil.com.au

